# Health Quest

## The Free Radical Test

Everyone has heard of free radicals and the importance of antioxidants in the diet. The Free Radical Test enables the user to measure the amount of oxidative stress the body is enduring and the results of antioxidant intervention. Many, if not all disease, afflict the body through oxidative damage. The free radical theory of aging says that it is the primary cause of aging itself. Free radicals are like fire. It is only when free radicals become unconfined and excessive and start attacking normal, healthy tissue that disease takes place. This happens when antioxidant activity is inadequate.

### Discover Your Need for Antioxidants

- The Free Radical Test is the world's first and only non-invasive urine test that measures the amount of free radicals or oxidants in the body within five minutes.
- The Free Radical Test enables you to determine the level of stress on your body caused by free radical activity. People of all ages can benefit from knowing if they are getting enough antioxidants in their diets and nutritional supplements to effectively counteract free radical cell damage.
- The Free Radical Test is an advanced patented technology available through our HealthQuest Clinic.
- The Free Radical Test provides a useful nutritional guide in the form of a color chart that helps determine the amount of oxidative activity in the body and can be helpful in making appropriate lifestyle and dietary changes.

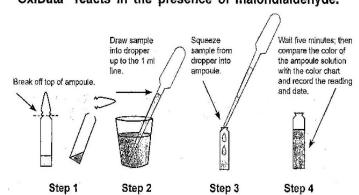
#### **Features**

- In-Office or At-Home Convenience
- Quick 5-minute test
- Scientifically Developed
- This urine test provides higher accuracy than an MDA (malondialdehyde) blood test.
- Accuracy is within the range of 90%.

#### Test Instructions

- 1. It is important to discontinue taking B and C vitamins 48 hours before taking test.
- 2. Use the first AM void of the day.

#### OxiData® reacts in the presence of malondialdehyde.



**Directions:** Lightly tap the ampoule on the countertop to be sure all the liquid is at the bottom. Break the top off the ampoule using the plastic safety top. Discard the top. Draw up 1 ml of sample with the dropper and squeeze from dropper into ampoule. Evaluate reaction when color stabilizes (do not wait more than five minutes to evaluate). The included color evaluation chart may be used as a qualitative, semiquantitative index.

WARNING: Not for injection or ingestion. Do not inhale. Content of vial is irritating, and the intense dye will cause stains. Add test sample to the ampoule. DO NOT ADD AMPOULE CONTENT TO TEST SAMPLE. KEEP OUT OF REACH OF CHILDREN. In case of accidental ingestion, or if the content of the vial gets in your eyes, CALL A HEALTHCARE PROFESSIONAL IMMEDIATELY. This product is not intended to diagnose, treat, cure. or prevent any disease.