

## **PRODUCT INFO SHEET**

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# Description

*Dr. K's* Super VitaQuest is a complete multivitamin and multimineral supplement.

#### Ingredients

- Patented formula of high-quality essential vitamins and minerals enhanced with a proprietary blend of 13 concentrated extracts and phytonutrients designed to promote healthy aging.
- Clinically shown to provide antioxidant protection against potentially damaging free radicals that increase with age, poor lifestyle choices and pollutants.
- Formulated with phytonutrients and essential nutrients that defend cells by helping protect against oxidative stress.
- Dr. K's Super VltaQuest reflects extensive research on the diverse phytonutrients found in a healthy Mediterranean diet rich in a colorful variety of fruits, vegetables, herbs, and other plant foods. Health experts recommend eating more phytonutrient-rich foods to help you thrive.
- Key body system support: brain and neurological health, eye and vision health maintenance, cardiovascular, immune, and liver health, and blood sugar metabolism.

# Dosage

SUGGESTED USE: Take one to two tablets once daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

# Warning

Do not use if pregnant or nursing. Excess vitamin A may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3000 mcg of preformed vitamin A per day.

# Caution

If taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

Keep tightly closed in a cool, dry place.



HealthQuest Radio www.HealthQuestRadio.com Hotline: 800-794-1855

#### **Supplement Facts**

Serving Size: 2 Tablets	
Servings Per Container: 60	
Total Carbohydrate	<1 g
Dietary Fiber	<1 g
Vitamin A (50% from mixed carotenoids	. 8
and 50% as retinyl acetate)	3,000 mcg
Vitamin C (as ascorbic acid and ascorbyl palmitate)	120 mg
Vitamin D (as cholecalciferol)	25 mcg (1000 IU)
Vitamin E (as d-alpha tocopheryl succinate)	67 mg
Vitamin K (as phytonadione)	120 mcg
Thiamin (as thiamin mononitrate)	25 mg
Riboflavin	15 mg
Niacin (as niacinamide and niacin)	50 mg
Vitamin B6 (as pyridoxine HCl)	25 mg
Folate (as calcium L-5-methyltetrahydrofolate)†	1,360 mcg DFE
Vitamin B12 (as methylcobalamin)	200 mcg
Biotin	500 mcg
Pantothenic Acid (as calcium D-pantothenate)	75 mg
Choline (as choline bitartrate)	25 mg
Iodine (as potassium iodide)	150 mcg
Magnesium (as magnesium citrate)	40 mg
Zinc (as zinc citrate)	15 mg
Selenium (as selenium aspartate)	100 mcg
Copper (as copper citrate)	l mg
Manganese (as manganese citrate)	0.5 mg
Chromium (as chromium polynicotinate)	200 mcg
Molybdenum (as molybdenum aspartate complex)	50 mcg
Proprietary Phytonutrient Blend of: Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 43.2 mg gallic acid equivalents (GAE)], grape seed extract [standardized to 85% oligomeric proanthocyanidins], blueberry (Vaccinium spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (Cinnamomum cassia) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]	400 mg
Myo-Inositol	25 mg
Resveratrol (from Polygonum cuspidatum	
root extract)	10 mg
Lutein	6 mg
Lycopene	6 mg
Zeaxanthin	2 mg
<b>Other Ingredients:</b> Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating [hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color)]	

chlorophyllin (color)].