

# D-BEST D3 LIQUID™

## WITH VITAMIN K2

## PRODUCT INFO SHEET

### Description

#### D-Best D3 with Vitamin K2

- Supports Healthy Blood Circulation
- Promotes Bone Health and Proper Calcium Storage
- Supports Cardiovascular Health and Blood Sugar Balance
- Boosts Immune Function

#### What is Vitamin K2 with D3?

A growing body of research shows that when it comes to bone health, ensuring optimal intake of vitamin K is a critical piece of the puzzle. New research is focusing on the synergistic relationship between vitamin K (specifically, vitamin K2) and vitamin D3, especially in terms of bone strength and cardiovascular health. A group of naturally occurring and structurally similar, fat-soluble vitamins, vitamin K is essential for the proper utilization of calcium.

Through its activation of the protein osteocalcin, vitamin K helps to bind newly absorbed calcium to the mineral matrix in bone. In addition, vitamin K has been found to help maintain bone mineral density by decreasing the activity of osteoclasts, a cell that breaks down the bone matrix.

Vitamin K also provides critical cardiovascular protection by helping to carboxylate Matrix GLA Protein (MGP), an inhibitor of circulatory calcification. Thus, vitamin K and vitamin D not only share similar qualities but they also act synergistically with one another within the body.

**D-Best D3 Liquid with Vitamin K2** utilizes a medium chain triglyceride (MCT) delivery system providing 10 mcg of vitamin K2 (as MK-7) and 1000 IU of vitamin D3 per serving. Natural Medium Chain Triglycerides have unique physical properties which allow them to be readily absorbed without additional emulsifying agents. MCT's are a great way to deliver pure, tasteless, and odorless liquid vitamin K2 and D3 that can be combined easily with any beverage.

### Warning

All forms of Vitamin K may interact with blood thinning medications. If you are taking such medicines, please consult your physician before taking this product.

### Caution

Do not consume this product if you are pregnant or nursing.

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### Supplement Facts

Serving Size 1 Drop (0.05 ml)  
Servings Per Container: 590

1 drop contains	Amt. Per Serving	% Daily
Vitamin D3 (as Cholecalciferol)	1000 IU	250%
Vitamin K2 (as Menaquinone-7 (MK-7))	10 mcg	13%

Other Ingredients: Medium Chain Triglycerides, K2VITAL® is a registered trademark of Kappa Bioscience AS.

1 fl. oz (30ml)

### Dosage

**SUGGESTED USE:** One or more drops per day or as recommended by your health care professional. Can be taken directly on the tongue or mixed with the beverage of your choice.

**Does Not Contain:** Wheat, gluten, dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners or preservatives.

*These statements have not been evaluated by the FDA. This product is not intended to treat, diagnose, prevent, or cure any disease.*



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