

**Progressive testing** is an extraordinary way to motivate a patient in the course of their treatment process, offering positive feedback, assuring them that they are on the right path... not just another "dead-end."

*Unlike Western medicine's approach, progressive testing requires no pain and discomfort, no fear or apprehension, as it relates to the future care and/or success, of the patient.*

**Progressive testing requires:**

1. An Evaluation/or a Diagnostic test/ or a Questionnaire, initially, to represent your starting point.
2. Subsequent to an accurate working diagnosis determination, a course in coaching/treatment/lifestyle alteration, is applied, over a set period of time... for a day, a week, a month, etc.
3. Then, a second evaluation/diagnostic test /questionnaire is completed. A comparative analysis is done to determine the patient's progress. The contrasting results comparing the first test and a second one can be a real encouragement to the patient, confirming their improvement and progress.
4. Additional evaluations/diagnostic tests and questionnaires can be re-administered "**progressively**" throughout the course of the patient's process.

*If we're not using pain or fear to motivate, then what can we use?  
As a patient, what would you prefer? and as a doctor?*

*Some of the most leveraged patients, are those who are afflicted with the most devastating diseases! And tend to be the most hopeless and helpless.*